



Tackling Technology (Yr7,8)

The digital world, social media, and how to be positive user.

Tackling Technology delivers a positive and inspiring message about the role of technology and social media in our lives. Issues around users' digital footprints, self-worth and gaming are discussed, along with practical advice for communicating well with others online. Whilst addressing relevant concerns around trolling and bullying, this presentation offers great solutions on how users can develop a positive and creative online presence and stay 'switched on' in an increasingly digital world.

Hauora (Yr9,10)

Holistic well-being

This presentation is a survival guide to looking after your entire well-being as a teenager. It is designed to introduce and complement teaching of the Hauora health model. We cover healthy decision making in areas of physical, social, mental and spiritual well-being, and how to get the most out of high school life.

Sex With Attitude Part 2 (Yr11,12,13)

A sex and relationships presentation for seniors

This presentation is a tool-kit for relationships, specially tailored for senior students. We look at the life-cycle of relationships, offering helpful tips on what to look for in a partner, how to build a healthy relationship, and how to deal with the pain of break-ups. Respect, self-worth, conflict resolution, and other key relationship skills are also discussed.